

# HOW DOES HIDRADENITIS SUPPURATIVA IMPACT YOUR PERSONAL LIFE?

Intimacy is uncomfortable because of scars, tracts and random swelling.

I've had countless relationships end because of this disease. Friends who don't get that some days I can't just hop in the car and go somewhere. Romantic interests who were repulsed by the sight of my skin.

My body is covered in boils and I feel miserable.

The pain and depression makes me irritable with my children.

I feel depressed all the time. I'm no longer included on social invitations because I've had to cancel at the last minute because of a flare.

My husband has to take a lot of time off work to take me to hospital and specialist visits. It is worrisome for him. My children experience stress and worry when I am in hospital or not feeling well at home.

Trying not to get intimate because you hate how your disease looks is heartbreaking.

Intimacy is difficult. I cannot wear underwear, ride a bike or wear a swimsuit for very long. Traveling with all my preventative products is difficult and explaining to partners is as well.



It's hard being a mom of two young kids and being in constant pain every day. When one boil goes away, 5 others appear and I am left with scarring and pits all over my armpits and groin area. I don't go a day without being affected by it.

I've pretty much lost all hope. My husband is doing his best to help me through this, but without a whole lot of cash coming in, I can't really do much. He doesn't even really know how to help except to be supportive.

I have no social life. I am always in pain or exhausted. I have become increasingly anxious, depressed, and agoraphobic. I am ashamed of my scars. I am depressed. I am exhausted physically, mentally and emotionally. I feel ugly. I have little to no sex life. I can't get out of bed some days.

Being told most of my life that it will go away with more attention to washing and losing weight... trying everything and finding HS could also be responsible for weight gain is very depressing. I would much rather stay home.

Can't go out in the summer. Have to cancel what few plans I make at times. Use picker-upper to get items off floor. Cry a lot. Sleep is always strange. Nerve problems in arm from surgery. Feel totally like a useless weight to my husband. At times I want to die. It's too much to go through.

The anxiety, depression and negative body image has caused suicidal thoughts.

For more information, visit:  
[www.canadianskin.ca/hsreport](http://www.canadianskin.ca/hsreport)

